

Need a safe place to stay?

We can help you.

You don't need to come into a safe house to get help.

What can you do?

If you contact Next Link we will be able to help you.

We can talk to you about your situation in confidence. If you need space and time to think we can provide you with safe housing and support while **you decide** what **you want to do**. We can provide support while you are still in a violent situation.

We are here to help you

Don't suffer in silence, we can help you.

Next Link can provide a safe house, support and advice about your future.

Contact us. We can meet with you and provide emotional and practical support for you and your children.

Are you in a violent relationship?

It's not just you.

Many women and children live their lives under the shadow of violence. Many women experience violence within a relationship. It happens in all communities, on every street, in every city.

You do not have to put up with it.

Many women have escaped from violent relationships and built new lives for themselves and their children.

You have a choice.

If you need help to leave in an emergency:

Call us on 0117 925 0680

- at night there will be an ansaphone but don't worry, help is still available
- contact the police and they will help you to get to a safe house
- if you need medical attention go to a Hospital Casualty Department
- if possible, take with you your own front door key
- bring clothing for you and your children
- please bring proof of income and identity with you
- keep our telephone number in a safe place



What's it like living in a safe house?

- We have seven safe houses in Bristol.
- This house has a secret location.
- The house is clean and well equipped.
- You have a key to your own room and the front door.
- You cook your own food.
- There is play equipment and support for children.
- There will be support for you from a key worker.
- You have your own privacy.
- There will be other women in similar circumstances to whom you can talk.
- One of the houses is for black and ethnic minority families and one is for single women.

How long can I stay?

You can stay for up to 6 months. During your stay we will provide emotional and practical support for you and your children. We will help you with your benefits, your legal options, your housing options and custody of your children.

We can help you

If you have experienced Domestic Abuse and want help or further information – please contact us. Call us now to protect yourself or anyone you know.

If you need help immediately – contact the police. They will help you find a safe house.

How to contact us

Tel: 0117 925 0680

email: enquiries@nextlinkhousing.co.uk
www.nextlinkhousing.co.uk
 Twitter: @NextLinkHousing
www.facebook.com/nextlinkhousing