

Are you in an abusive relationship? We can help you.

Community Outreach Services

Next Link is the lead provider of the Next Link Plus partnership which includes the following organisations:













Are you living in an abusive relationship? It's not just you.

Many people experience abuse within a relationship. It happens in all communities, in all neighbourhoods, on every street.

You do not have to put up with it.

We can meet with you in a safe place in your community and talk to you about your situation in confidence. We can help you think through what vour choices are to become safe. If you need space and time to think we will support you while you decide what you want to do.

We are here to help you Don't suffer in silence, we can help you.

How can you contact us? A Next Link Plus worker will offer you immediate help with your situation.

Phone: 0800 4700 280 Text: 07407 895620

email: enquiries@nextlinkhousing.co.uk

We can help you

- If you are at risk of harm from a partner, ex-partner or family member
- If you want to remain at home safely and remove your abusive partner
- If you want to stay at home but are not ready to leave vour abusive partner or family member
- If you feel unsafe at home and need to go into a safe house
- If you are not sure what you want to do and want to talk to someone about your situation

What we can offer

- Someone to talk things over with
- Forming a safety plan
- Making your home safe
- Help you to go to court and get legal protection
- Support with housing
- Help with accessing benefits and budgeting
- Support for your children

- Help with accessing training or employment support
- Help with counselling
- Help to feel safe and rebuild your life
- We can also support you if you wish to use the criminal justice process to prosecute the abuser.

We can offer you additional specialist support

- If you are a young person If you need substance
- If you are black or from a
- If you are a male victim
- If you are from the LGBTQ+ community
- If you have a Learning Disability

- misuse support
- minority ethnic community If you need support with vou mental health
 - If you are deaf or have hearing issues
 - If you are at risk from 'Honour' based abuse or forced marriage

We can help you

If you are worried about domestic abuse and want help or further information - please contact us.

Call now to protect yourself or anyone you know.

How to contact us

Phone 0800 4700 280 Text: 07407 895620

email: enquiries@nextlinkhousing.co.uk

Or **CHAT LIVE ONLINE**

to one of our support workers at www.nextlinkhousing.co.uk click on "live chat NOW" (Mon to Fri 10am - 4pm) www.nextlinkhousing.co.uk Twitter: @NextLinkHousing www.facebook.com/nextlinkhousing

If you need help immediately – you can contact the police and they will help you.

Next Link strives to create a culture that encourages and values everyone's differences and promotes mutual respect and shared understanding.



Please contact us if you need this leaflet in other languages and large type.