

NEXTLINK_PLUS+ Bristol changing the face of domestic abuse support services

Safe House for Women and Children

Next Link is the lead provider of the Next Link Plus partnership which includes the following organisations:











St Mungo's

THE DEAF HEALTH CHARITY SIGNHEALTH



Need a safe place to stay? We can help you.

You don't need to come into a safe house to get help.

What can you do? If you contact Next Link we will be able to help you.

We can talk to you about your situation in confidence. If you need space and time to think we can provide you with safe housing and support while you decide what you want to do. We can provide support while you are still in a abusive situation.

Phone: 0800 4700 280 Text: 07407 895620

Are you in an abusive relationship? It's not just you.

Many women and children live their lives in fear of violence and abuse. Many women experience violence within a relationship. It happens in all communities. on every street, in every city.

You do not have to put up with it.

Many women have escaped from abusive relationships and built new lives for themselves and their children.

You can too!

We are here to help you

Don't suffer in silence. we can help you.

Next Link can provide a safe house, support and advice about your future. **Contact us.** We can meet with you and provide emotional and practical support for you and your children.

Bristol.

location.

In addition to having your own support worker, you can also access:

- Counselling
- Support for your children including therapy
- Specialist LGBTQ+ support

- Specialist black and minority ethnic support
- Support with Honour Based abuse and Forced Marriage
- Specialist Deaf support

If you need help to leave in an emergency: call us on 0800 4700 280 or text us on 07407 895620

If possible:

- At night there will be an ansaphone but don't worry, you can still speak to someone who can help you
- You can contact the police and they will help you
- If you need medical attention call 999 or go to hospital

What is it like living in a safe house?

- We have eight safe houses in You have a key to your own room and the front door.
 - You cook your own food.
 - There is play equipment and support for children.
 - There will be support for you from a key worker.

What will my support look like?

• You have your own privacy.

This house has a secret

• The house is clean and

well equipped.

• There will be other women in similar circumstances to whom you can talk.

> You can get help with housing, finances, legal support, mental and physical health. education, employment and parenting.

women.

• Please bring proof of income and identity with you • Keep our telephone number in a safe place.

How to get in touch

• Take your own front door key with you

Bring clothing for you and your children

If you have experienced Domestic Abuse and have extra support needs please contact us.

Phone: 0800 4700 280 Text: 07407 895620 email: enquiries@nextlinkhousing.co.uk

www.nextlinkhousing.co.uk Twitter: @NextLinkHousing www.facebook.com/nextlinkhousing

If you need help immediately vou can contact the police and they will help you.

Next Link strives to create a culture that encourages and values everyone's differences and promotes mutual respect and shared understanding.



Please contact us if you need this leaflet in other languages and large type.

• One of the houses is for black and ethnic minority families and one is for single

